

# Aesthetic Edition 2.0

## *A message from the editor. . . . .*

Welcome back readers to our second edition of our school's online newspaper Aesthetic Edition. It was amazing getting such positive feedback for our previous newspaper and we thank you'll for taking the time to acknowledge the creative young minds of Delhi International School.

Since we are nearing to 'EXAMINATION TIME', one of the most crucial points in a student's life, we decided to choose exams as the theme for our edition this time. It is important for our students to remember that exams aren't something to stress about but more over is a time to prove, how much you have grown and how much you have learnt within a session.

And once again we have our Fun kids section ,erudite Teachers section and some must read reports on recent events that have taken place in our school premises.

We hope you enjoy your reading experience on this edition as well and please do send us in more of your feedback.

## POSITIVE THINKING

By- Ananya Wadhwa (XI-B)

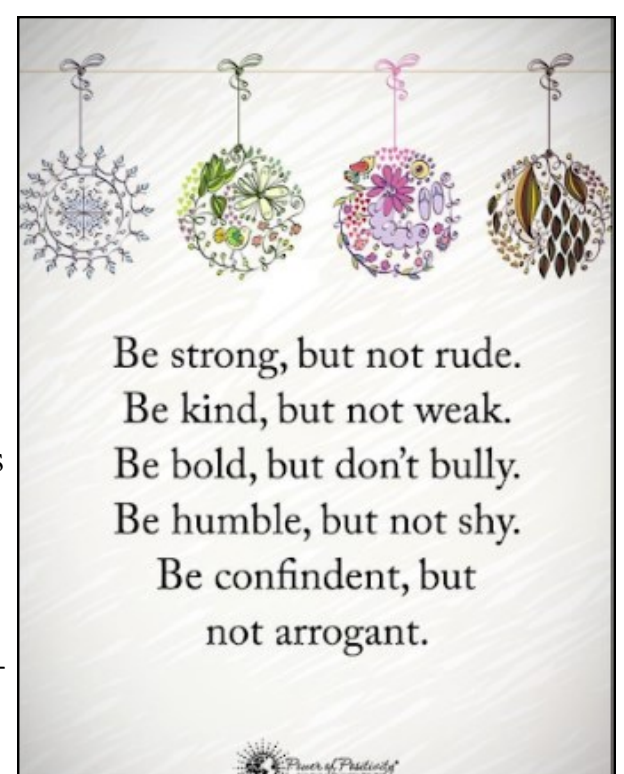
Positive thinking is a mental and emotional attitude that focuses on the bright side of life and expects a positive result.



With a positive attitude, we experience pleasant and happy feelings. This brings brightness to the eyes, more energy, and happiness. Our whole being broadcasts goodwill, happiness, and success. Even our health is affected in a beneficial way. We walk tall, our voice is more powerful, and our body language shows the way we feel.

Positive and Negative thinking is contagious. We affect and are affected by the people we meet in one way or other. This happens instinctively and on a subconscious level through words, thought and feeling and through body language. Positive thinking helps with stress management and can even improve your health.

Positive thinking increase life span, it decreases rates of depression, lower level of distress. Positive thinking leads a man to success. One who thinks that he can achieve the things will put his best to achieve will not find any problem in the path of success and one day he will win positively. Self-confidence, determination, perseverance and hard work are key to success. Dedication, devotion to the task and positive thinking with determination have been an important factor of success. Life is a battle, one has to fight it fearlessly. Fight with confidence, positive attitude with determined and concentrated effort lead to the surest path of success. Your biggest asset is your enthusiasm that enriches your positive thinking. One who always think positively even in adverse circumstances wins.





# 12th farewell 2018-19

*'If you are brave enough to say goodbye, life will reward you with a new hello'.*

“Farewell”, it is fancy way to wish someone happiness or safety at parting.

On 31<sup>st</sup> of December 2018 a farewell party was organized in the school premises by the 11<sup>th</sup> standard students and senior department teachers. It was a day held not only to help us say goodbye but also celebrate the amazing memories as we have made with



the students in our classrooms and corridors through so many years, not it wasn't a day to weep but instead send the twelthies of on a cheerful note and wish them luck for their future. The whole day was packed with fun and frolic. There were a lot of various performances put up by the 11<sup>th</sup> grade students.



It started off with auspicious lamp lighting followed by the candle lighting event for the twelthies and then with the melodious song performance by Dinkar from class 11B. Students from all the three sections of

11<sup>th</sup> put forward their best foot and danced energetically to entertain our twelthies. It was followed by a very glamorous and stunning fashion show put up by the 12<sup>th</sup> standard students and of course the most awaited part of the show the TITLES CEREMONY, our Mr. DIS award was bagged



by Aviral Mehlawat and Ms. DIS by Sunandita. The school had also organized a party DJ for the students to groove on their moves and a scrumptious lunch as well. We also had a wonderful photograph session organized, so that we all have memories we can save up and look back at in our future and with this the event concluded.



We wish all the 12<sup>th</sup> standard students best of luck for all their future goals and aspirations!!



## ALL THE BEST!!!!!!





# Kids section



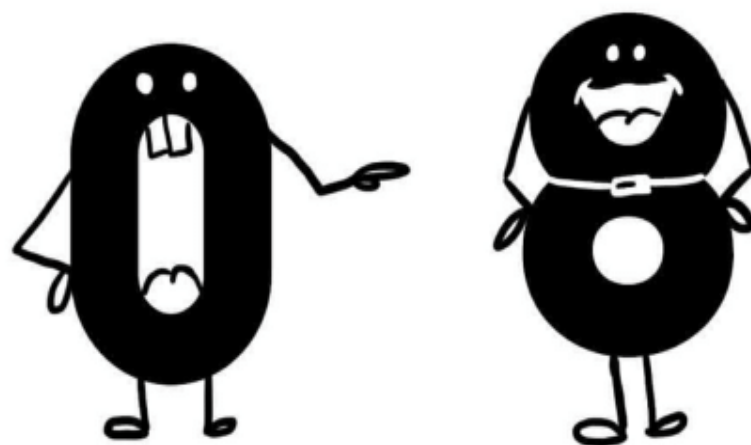
## Some jokes to laugh on!!!

- Knock , knock
- who's there
- cow says
- cow says who
- no silly, a cow says moo.



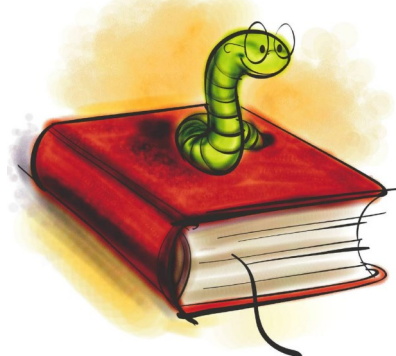
What did the 0 say to the 8 ?

- Looks like your belt has been put too tight.



What do librarians carry with them when they go fishing ?

- Bookworms



What do birds sing on Halloween ?

- Trick or tweet



How do you know that carrots are good for your eyes ?

- You never see rabbits wearing glasses.



- knock , knock
- who's there
- kanga
- kanga who
- kangaroo



## Mystery case.....

I saw a young boy, about foot shorter than me. He was wearing the colors of my house, though I did not recognize the Jersey, and as a matter of fact I had never seen him in my house (all members of a house stay in one hostel), nor did I know if he was lost, and if he wanted me to take him back to the house. He did not answer, just kept staring at me, for some reason I could not tell, nor was it his complexion I could not tell, but I could tell he was scared. I tried to edge forward, suddenly realizing that I had indeed seen the Jersey. The kid looked more and more in horror.

I to ease him I asked his name, he did not tell, I asked him back to the house, he just stared at me. When I was just a feet or so away, he let out a scream, a shrieking scream and in the light of the moon, I saw his mouth, sticking a tongue... I was in a state of horror, I turned around and quietly walked away, not looking back or running, confused about what I had seen. The kid had stopped but I could not hear his breathing. Behind me, it was like I was being followed. As I walked out of the library, I could not muster the courage to turn around and lock the library up. I ran back to my room and quickly jumped inside my blanket, it was winter and the place was generally cold. I was sweating, I could not sleep that night. The next day I walked to the librarian and told him what had happened, and weirdly he did not look fazed, he just said 'I will go with you and scolding for leaving the library open... Finally as I was walking back to the house, I finally remembered where I had seen the Jersey, in the memorial for the child who died that fateful night. I was not scared, not because I had an encounter with a spirit but because of all that a child had to endure...



# "Riddles"

WHAT HAS HANDS BUT CAN NOT CLAP?

A. A CLOCK

I'M FULL OF KEYS BUT I CAN'T OPEN ANY DOOR . WHAT AM I ?

A. A PIANO

5. WHAT HAS ONE EYE BUT CAN NOT SEE ?  
A. A NEEDLE

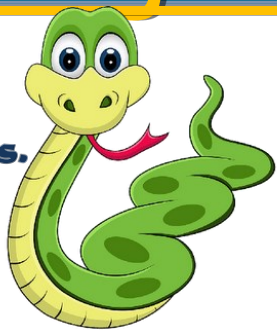
WHAT HAS A NECK BUT NO HEAD ?  
A. A BOTTLE

WHAT BOW CAN YOU NOT TIE ?  
A. A RAINBOW

4. EVERYONE HAS IT AND NO ONE CAN LOSE IT, WHAT IS IT ?  
A. SHADOW

## Fact you might have not known of!!!

1. Snakes can help predict earthquakes.



5. A crocodile can't poke it's tongue out.



2. A lion's roar can be heard from 5 miles or 8.1 kilometers away.



3. Facebook, Instagram and Twitter are all banned in China.



4. Honeybees can recognize human faces.



6. A bolt of lightning is six times hotter than the sun.





# Stop Bullying!!!!

What is bullying?

Bullying is the use of force or threat to abuse, intimidate or aggressively dominate others. This problem is growing at continuous pace. Risk Behavior Surveillance Survey has found that 16% of high school students (grades 9-12) are victims of bullying. In working with the adolescents and young adults at Remuda Ranch at The Meadows, it is observed that nearly 50% of patients have been bullied about their weight or their looks at one time or another, usually pre-dating the development of their eating disorder. Of those bullied about their weight or looks, most of those patients stated that is why they started dieting or started with their eating disorder behavior. Most patients describe being bullied face to face but more and more are describing cyber bullying. How to prevent bullying? Help kids understand bullying. Talk about what bullying is and how to stand up to it safely. Tell kids bullying is unacceptable. Make sure kids know how to get help. Keep the lines of communication open. Check in with kids often. Listen to them. Know their friends, ask about school, and understand their concerns. Encourage kids to do what they love. Special activities, interests, and hobbies can boost confidence, help kids make friends, and protect them from bullying behavior. Model how to treat others with kindness and respect. We need to understand that mental health is equally important as our physical health and bullying plays a major role in affecting it. It's a plea to Victims to stand for themselves and to bullies to stand for humanity.



## HOW TO REDUCE STRESS ?

Eating bananas is a natural cure to reduce stress and anxiety



Nuts , especially cashews are helpful in combat stress



Chocolate has a strong positive effect on mood and generally increases pleasant feelings while reducing tension.



Green or black tea exerts a calming effect in our body

Staying hydrated with water is a small step towards your health



Take time to exercise , get up and get moving to beat the stress



Listen to your favourite song



Take a break from social media



Get in touch with nature



# A beautiful poem about our country

## *The Bright Flag*

*Saffron, white and green  
is the most beautiful thing  
I have ever seen.*

*How it dances and flutters high  
A top the highest peak,*

*And when I sing our national song  
I feel really proud that I belong.*



*To a nation where men are wise  
"I am an Indian", I say with pride...*

## Quotes useful in life ...

*Life is a journey not a race.*

*Teach others by setting a good example.*

*-By Cindy Francis.*

*Being happy is always in Vogue.*

*Laughter is a form of internal jogging.*

*-By Norman Cousins*

*You're a failure if you don't make it. You're a  
success if you make it.*

*-By William Shakespeare.*



# Teachers interview

## DR. PRITI OJHA

During exam time, there are two main criteria's that students must be aware of. First being **Time Management** be it while solving sample papers or revision. Students must be accurate on how much time they spend on a certain question. Second is **Presentation Of Answers** is also very important. Students must leave equal space between two different answers so that the examiner knows that the child is precise with their answers. My priority for the upcoming session is the grooming of the child through their English speaking skills. Also, personality development sessions will take place in the course and I will try to be a part of it as much as I can so that I learn with my pupils. My mentor told that the person who exclaims that his/her profession is tough does not know their profession. As there are times where I personally feel stuck to find a solution and in some instances the solution comes from a student which makes learning a two-way process!



## MS. SEEMA GAUR

As a Primary teacher, one strategy I definitely apply for my children to perform better in academics is thorough revision and ask the children a lot of questions which would help them put themselves in that context. Even though at the younger age, we pay more attention towards the student's holistic development, creativity and curiosity. Students should be given the opportunity to explore their surroundings!



## MS. YASHIKA TYAGI

I feel that during examination time students must follow three very important things to help them concentrate better – **Maintain a healthy schedule**, so that there will be less exam stress and the child will not get hyper and confuse themselves. **Organize a study space**, so that the child spends equal time on individual subjects and at last **Practice sample papers** as much as you can to be prepared for the final examination. Student must be able to understand the concepts thoroughly and then frame the answers on their own but parents must also acknowledge the mood of the child and further not over stress or put much pressure on them. At the end, I would like to say that parents play a vital role in calming their students and students must be extremely regular in practicing sample papers which will definitely benefit them in the final.



In case if you missed our first edition here is a quick preview of it

Download it by clicking this link  
[http://dis.ac.in/assets/uploads/Publication3\\_GC%203.0.pdf](http://dis.ac.in/assets/uploads/Publication3_GC%203.0.pdf)

